

Primary PE and School Sport Update

Term 1

Rugby Megafest

Eight schools including 150 children were involved in the first



primary sports event of the year, Rugby Megafest at Whitby Rugby Club. Children were arranged into

mixed groups where they spent the afternoon learning a range of skills which link to developing an understanding



for Tag Rugby. The event welcomes them new to the sport as well as the more experienced players as a means to encouraging future participation. Thanks to Whitby Rugby Club for their continued support and use of facilities for the event.



Key Stage 1 Multi Skills

Caedmon College Sports leaders prepared a range of games for Key Stage 1 multi skills and the arrival of seventeen schools across two afternoons. The games supported the development of Agility, Balance and Coordination skills through a series of



fun games trying to develop students physical literacy. For many of the 290 children taking part this was their first experience of activity outside of their school with everyone attending thoroughly enjoying themselves.



Netball Leagues

Netball league is underway with two of the three afternoons almost complete. Thank you to the various schools that have offered to host the netball leagues. Please can we make every effort to fulfil all fixtures and forward results.

Thank you to all members of the Whitby Primary School Sport Association for their support during the past term. As a group we have delivered a range of activities providing our students with opportunities in a range of both competitive and non-competitive sports. The hard work of primary staff has ensured events have been well supported, as we strive to deliver an outstanding primary provision for our area.

Octoberfest



The first Sunday of October is now well established as Octoberfest Run



day. This year entries were good in all age categories with around 100 participants.

A challenging, mixed terrain course was marked on very wet CCW grounds following heavy rain in the morning. Despite the rain runners were not put off from having a great afternoon, all receiving a medal for participating.



5/6 Boys Football

Sixteen teams contested the Year 5/6 Football tournament at Eskdale School. A tight group was decided in the large schools league with: 1st West Cliff 2nd East Whitby 3rd Airy Hill.



Medium schools: 1st Lythe 2nd Fylingdales 3rd Ruswarp

Small Schools: 1st Castleton/ Glaisdale 2nd Egton 3rd St Heddas

Winners of each group qualified for the SSP final (West Cliff, Lythe and Cas/ Glais) held later in the month.

5/6 Girls Football



The girls year 5/6 football was played out in very difficult conditions with blustery winds and cold.



The girls were a real credit to their schools to battle through each game with grit and determination.



Stakesby dominated the girls large schools event winning every game with Airy Hill 2nd and 3rd West Cliff.



Medium schools: 1st Sleights 2nd Fylingdales 3rd Ruswarp

Small schools: 1st St Heddas 2nd Hawsker 3rd Egton.



5/6 Tag Rugby

This years Tag rugby was arranged in two groups of six schools, guaranteeing seven matches through the follow up knock out stages. From the recent Mega fest teams demonstrated a good un-

derstanding of the sport with several dedicating preparation time in school PE lessons before attending.

West Cliff and East Whitby won their respective groups by winning every game, meeting in the final where extra time had to be played to separate the teams. West Cliff managed to narrowly scrape through in 1st place through some slick running from the forward players.

Thank you to Whitby Rugby Club for use of their facilities on the day.



Cross Country

Across the four age categories there were over 400 competitors taking part in this years primary cross country held at CCW Scoresby site.



Families also turned out in force to support runners which always adds to the welcome encouragements needs for such events. The event is inclu-



sive with entries open to unlimited numbers, lending itself well to whole class or year

group involvement. Huge thank you to everyone for supporting the event and turning out in such

numbers. The next round is open invite so please send as many talented runners as possible.

Team Results:

Race	Winners
Yr3/4 Boys	West Cliff
Yr3/4 Girls	Fylingdales
Yr5/6 Boys	East Whitby
Yr5/6 Girls	Ruswarp

Individual	1st	2nd	3rd
Yr3/4 Boys	Tommy Dowson-	Zane Swales-	Archie Kelly- West Cliff
Yr3/4 Girls	Ellie Walsh- Glaisdale	Amelia Faichney- Fylingdales	Trinny Fewster- Fylingdales
Yr5/6 Boys	Owen Dickinson- Ruswarp	Robbie Hogarth- Lealholm	Ryan Clarkson- Airy Hill
Yr5/6 Girls	Iris Collinson- Fylingdales	Tilly Robinson- Ruswarp	Millie Brewster- West Cliff



Sportshall athletics

14 Schools

The whitby primary sportshall athletics marked the end of the Autumn term events with 14 schools competing for the opportunity to qualify for SSP at Pickering in a two day event at Whitby Leisure



Centre. The event requires teams to perform in a range of athletic events such as running, throwing, and jumping. Achievement is measured and points awarded. Successful teams have a wide range of talent rather than concentrating on individual, each member of the team contributes.



For the large schools event Stakesby with 286 secured Gold, Airy Hill Silver with 280 and East Whitby Bronze in an extremely close contest on points. Egton had 220 points and reigned supreme with Gold, Glaisdale had 200 points in Silver position and with 198 points were Castleton in Bronze position in the small schools event.



Tag Rugby CPD

In Order to develop staff confidence in Tag Rugby we were fortunate to secure the services of Richie Young (RFU Regional development officer) to deliver a session full of suitable teaching games to take back to schools. With good numbers in attendance confidence soon developed throughout the session enabling questions to be answered and skills gained which will enable future delivery of sessions in schools. Resources provided through the Megafest style games, capable of being delivered with limited facilities.



Netball CPD

All schools were offered the opportunity to take part in a high 5 netball CPD session in the Autumn term. The session focused on the basic rules and rotations of high five along with teaching points for a range of skills. A booklet has been sent to all schools with some simple ideas, drills and skills in order to support the delivery of high five netball in primary schools.

School Support

Goathland schools have established strong community links through the recent development of Goathland Community Hub at the sports fields. To mark this they are using the fields for after school clubs and PE lessons. It is hoped this agreement will help develop new opportunities for the young people.



Sleights Schools Yr 3/4's were supported in preparation for the Indoor Athletics events by JRa. Staff and Students were taken through a rotation of fundamental athletic skills. Upskilling of staff is an effective way of ensuring future high quality PE can be delivered.

Youth Sport Trust

Check out the Youth Sport Trust website



(www.youthsporttrust.org) for primary sports resources and initiative updates. You may want to launch 'Active 30:30', Active Maths or even source an athlete visit to your school.

Youth Sport Trust Here you will find helpful

documents to support the evidencing and assessing of your Sports Premium funding. Please remember that this must be documented and available to view on your school website.

School Games

School Games have recently changed the website with the window currently open for 'Inclusive Health Check'. Please have a look and utilise the benefits these tools provide as a self assessment to the provision currently provided by your school. This may highlight areas which require further investment to improve inclusive provision. School games mark applications are not open just yet, please remember that these are based on the last academic year.

Equipment

As entries for events continue to rise, this places additional pressures on availability of equipment. From time to time we have had to borrow schools

equipment which enables us to welcome the increasing level of entries, without school loaning their equipment we would have to limit entries.

CPD

Requests - If you have any specific CPD requests for next year please let JRa/ SHo know in order to begin to plan. If any schools would like any other help with anything or sessions arranging please get in touch.

Follow us on twitter Mrs Raw@CCW_PE and Mr Hopper@CCW_PE, we post many events, up to date news and success' on there.



Please follow us on twitter to see up and coming events and highlights from events –Mr Hopper @PE_CCW or Mrs Raw @ccw_PE